## WOMAN'S HERALD

revoted to the Household, the Fashion

and the Activities of Women MARY MARSHALL, Editor.

DAILY DEPARTMENT OF THE WASHINGTON HERALD.

gs Correspondence is invited. Address all communications to the Woman's Editor of The Washington Herald.

son of holly and mistictoe. The air is still cool. Though the sun shines brightly and the crocuses are showing their pretty pink, or white or yellow faces and the tulips are in bud, we still go about in furs. Today is winter, but what of tomorrow?

You know how it is in Washington.

Spring comes over night. Today we are shoulders if one wish themin furs and tomorrow comes that delicious languor of spring that makes us long to be out in light ciothes and to be rid of winter's heavy apparel. But it is should be highly practical and they should be big enough to cover the frock completely. ong to be out in light crothes and to be rid of winter's heavy apparel. But it is frock completely.

One good pattern is that of the artist's apron—with long, rather full suggesting a garden fete, is trimmed in flowers and pale yellows.

The lovely hat, suggesting a garden fete, is trimmed in flowers and pale yellows. until her appetite was reminding her apron section gathered into a neckthat dinner hour was near.

The trouble with this tendency to leave off Easter shopping till the last minute is that it brings about just the same sort of congestion in the shops that our tendency to put off our pur-chases at Christmas time does. As the always on those warm days of spring belt and elbow sleeves. that the girls in the shops are best able omen in the stores, but you will have skirt serves to catch anything the proverbial reward of the early birdneath from spots.

For lighter work, a small and far a fuller assortment of hats, gowns and more attractive apron may be donned -a little swiss or lawn one, with suits from which to make your spring patch pockets and an edging of lace

#### TOMORROW'S MENU.

The setting sun, and music at the close, last. Writ in remembrance more than things long past." -SHAKESPEARE.

BREAKFAST.

Certal and Cirati Hidden Oysters

LUNCHEON OR SUPPER.

Cheese Fonds

DINNER.

Crease Pen San Sind Ree
Streech Fried PolatocLines Beans
Orange Salad
Costage Pudding with Chocolate

dishes or a large buttered baking dish.

Shad Roe-Put the roe into safted water for fifteen minutes, then dry in a clean cloth. Heat a little olive oil in a frying pan and brown the roes on both sides. Serve very bot with maitre d'hotel butter-butter creamed with a little lemon juice and minced parsley-or with a few tablespoonfuls of salad dressing, well seasoned and quite tart Some small cucumber pickles may be chopped and added to the salad dressing to give it further flavor.

#### HOROSCOPE.

Thursday, March 18, 1915.

"The stars incline, but do not compel." Good influences overbalance the evil today's sway of the "tars. While Mars, Jupiter and Neptune are adstrengly benefic in their aspect. The hours late in the afternoon and evenmorning The signs are most forbidding for

shipping. The naval problem will toom larger each week and serious disaster is likely to unite political factions in a harmonious policy, the seers de-

The stars presage trouble with Mexto Again military action appears to be indicated, but this is defensive and not offensive. A sudden crisis is fore-Jupiter is held to warn financiers

and business men to prepare for a alump in stocks and a threatened panic, due to some unlooked for contion or occurrence.
This should be a favorable rule for

farmers, gardeners and florists. All who dig in the ground should benefit Miners, masons, potters and excava tors of every sort should profit dur-The signs are encouraging to old

persons, who will gain much by the war, which diminishes the number of oung men in business and professionflected in this country the man past

The evening is believed to be mossuspicious for weddings, engagements and meetings with strongers Within the next few weeks mar-riages will multiply in all strata of society there will be an increase of

Saturn is in a place construed as conducive to a greater degree of sta-bility and executive power. They who are considerate and well-balanced are and to be most responsive to the day's wood opportunities

to be unusually artistic in their in-process this will be much sought and have the augury of lucky marriage. Pictorial Review Costume, No. 6062





## The Charitable Work Apron.

Christmas shopping, and now it applies sure these pepper-and-salt mixtures show soil less quickly than an apren thing but charm almost as much to Easter as to the seaof white muslin or even figured per-

You know how it is in Washington. and embroidery edged bands over the Watteau which is

band, high or low. This cut has the advantage of completely covering the trock beneath

Then there is the apron with the full skirt that buttons in back, with two straps over the shoulder support-

thermometer rises the congestion of simple morning frock than an apron-one that buttons from neck to hem spring shoppers increases, and it is not in the back and is fitted with a neat

These huge aprons are the sort to to put in their hardest day's work. So if you are wise, take the hint. Do your shopping early. Not only will you save ing, as well as dust, from the hair. A time and make life pleasanter for the ruffle about the bottom of the apror

ribbon run through beading if that secorative touch is desired

(Copyright, 1945.)

#### Springtime Recipes.

ly. Sometimes the Maryland cook soaks the chickens for two hours in saited water, but, although this method of pre-

until smooth and pass with the chicken. grief and tenderness."

Fried Tomatoes-These are especially But in England Smithson was algood with roast or broiled meat of any ways handicapped because of her de-

TODAY'S FASHION HINT



Misses' costume very simply and l'ersons whose birthdate it is have very daintily carried out in figured it forecast of a successful year voile, trimined with satin. The full They should avoid speculation or ven-skir is trimmed with tanks and gath-tures of any kind, however. Care in conduct toward the opposite sex in imperative.

Children born on this day are like—whatever finish is selected is repeated Pictorial Review Costume, No 6862 Sizes, 14 to 20 years. Price, 15c.

## Summer Fashions of Great Beauty

The spring promises the most entrancing gowns for summer, and if a woman cannot find something to suit her own particular style of beauty, then indeed the fault is hera, with the revival of the lovely Watteau and 1830 frocks and the coming into its own again of flowered materials from rich silken brocades to the sheerest of or-

THURSDAY, MARCH 18, 1975.

"GO EARLY—
And avoid the rush" That has for many years been the watchword for such that years are not years are not such that years are not suc

heing shown in a Pifth avenue shop. It is white silk brocaded in floral

vet ribbon streamers.

The skirt is full, but not exaggeratedly so, and the frock is one particularly adapted for a first-season debutante or a June bride's trousseau.



#### March 18-Anna Held, Harriet Smithson.

Today is the birthday of Anna Held, the distinguished American actress. Another interesting woman of the stage was born 115 years ago today. This was Harriet Constance Smithson, a native of Clare. At the age of 2 she was adopted by a clergyman who brought her up to the age of 3, when he died and Harriet was forced to go back to her father, who was a rather Maryland Spring Chicken-Clean spring good-for-nothing sort of actor. His chickens and disjoint them and then health failed and Harriet was forced wash them in salt water. Dry thorough-

She scored a success in Ireland and water, but, although this method of pre-baring them plumpens them, it is likely a lessen their flavor.

then went to England where she was billed as "Miss Smithson from Dublin." Her first English criticisms were not Put equal parts of lard and butter in a deep frying-pan, enough to cover the chickens when they are in it. Then roll each place of chicken in flour and then drop into the fat, which should be very just the fat, which should be the broadly comic scenes and sings with more humor than sweetness." a hot dish rarmished with sprigs of pars-by. Four off must of the fat and thicken the remainder with browned flour and add to it, a samful of close will. add to it a capful of rich milk. Stir resistable charm to the expressions of

Tilden Oysters—Beat an egg yolk and add to it a cupful of cracker crumbs that have been soaked in as much milk as they would absorb. Season with salt. as they would absorb. Season with salt, the slices with pepper and salt and dredge with flour. It is a good plan to mix the pepper and salt with flour. It is a good plan to mix the pepper and salt with the flour and then directly some draineds and dried oysters, and wrap a little of this paste around on both sides in hot clive oil or butter. It was in Paris that she met with the greatest triumph, for there and wrap a little of this paste around on both sides in hot clive oil or butter. The most acceptable London intonative oil or butter. Cook carefully to avoid breaking the the most acceptable London intonations of the case of the cooked through, as they are better when cooked through. Drain on paper, two tablespoonfuls of flour, a little musterd, some white pepper, and a saltspoonful of soda. Add half a cupful of nalk, a tablespoonful of soft butter, and a quarter of a pound of grated the second and fry the peppers in hot olive the second and far the cooked through to avoid breaking the the most acceptable London intonation. Paris was just undergoing a great vogue for Shakespeare and Miss Smithson reaped the benefit of this to the full. For weeks she was the sential of nalk, a tablespoonful of soft butter, and a quarter of a pound of grated a cream gravy or white sauce and pour musical compose lifector Berlioz, who is the cooked through. Drain on paper and serve very hot.

The most acceptable London intonation.

Smithson reaped the benefit of this to the full. For weeks she was the sential of nalk, a tablespoonful of soft butter, and a quarter of a pound of grated a cream gravy or white sauce and pour musical compose lifector Berlioz, who theren. Heat over hot water until the it over the peppers after they have been went into rapidles over his "belle cheese melts. Quickly add two well-beaten eggs and pour into small buttered paper and seasoned with salt and pepper. woman refused all suitors so long as fortune smiled upon her. Then, when waned, and her fund, ran out she had the misfortune to break her leg alighting from her carriage. In this fortune Berlioz proposed to her again and she accepted. The marriage proved to be unfortunate and at 40 they were separated. Berlion chose another partner, but continued to support her for many years. .

(Copyright, 1905)

#### PARASOLS OF 1820 ARE TO BE USED AGAIN THIS SPRING only

knife-pleatings are used in a variety of ways, to emphasize ribs, to outline gores and to form borders. Many odd shapes and rich color combinations are seen. Plain servere styles, the most prominent being the sand tones, are seen only with tailored dresses. There is a tendency models, the sand tones, are seen only with bright colors, for instance, in one model of brilliant red there is a border and a piping between the shirred gores in a piping between the shirred gores in a somber hue. Who wants to wear a sping between the shirred gores in a somber hue. Who wants to wear a sping colors has a row of shirring between the gores, preducing a leafilte effect. A very pretty parssol has a border of sheer crepe in a contrasting colors has a row of shirring between the gores, preducing a leafilte effect. A very pretty parssol has a border of sheer crepe in a contrasting colors has a row of shirring between the correct of sheer crepe in a contrasting colors has a row of shirring between the correct of sheer crepe in a contrasting colors crepe in a contrasting colors has a row of shirring between the correct of sheer crepe in a contrasting colors crepe in a contrasting colors crepe in a contrasting colors has a row of shirring between the correct crepe in a contrasting colors has a row of shirring between the correct crepe in a contrasting colors has a row of shirring between the correct crepe in a contrasting colors has a row of shirring between the correct crepe in a contrasting colors has a row of shirring between the gores, preducing a leafilte color of sheer crepe in a contrasting colors has a low of shirring between the correct contrasting colors has a row of shirring between the correct contrasting colors has a row of shirring between the gore contrasting colors has a row of shirring between the correct contrasting colors has a low of correct contrasting colors has a row of shirring between the correct c

effects, both plain and richly embroids are concerned, it does not influence wore drawn in snugly about her face ered. Japanese prints are in both silk their relation to new gloves and boots, was bound with white ribbon.

and cotton. Many Japanese designs have Nowhere in the world are there womdark borders, with here and there a en more lavish in their allowance of delicate bit of hand embroidery in gold, these accessories of dress. And wheth-Sometimes odd-looking velvet birds in er snow hovers in the clouds or melts orange, and blue tores are appliqued over in the streets, the American woman is the inside surface of the parasol.

Wide-Awake Page for Boys and Girls

Edited by Mary Marshall-a a whole page of good reading: stories, jingles, clean, clever humor and plenty of pictures-just another one of the exclusive features to be found in

THE SUNDAY HERALD

NO FASHIONS that have been revived for the spring and summer are more universally becoming than those of the Watteau period with their lovely flowered materials and picturesque bodices and full skirts. They will be seen in all sorts of flowered materials from heavy silks to the sheerest





Written Expressly for The Washington Beraid.

Herald Bureau, Monolith Building, New York City.

early April. Probably the delay will laces are tubular.

only intensify the burst of springiness Gloves are made in suede to match when it does come. One warm day the uppers of the various new boots—

that reach the shoulders and there are suggested that the sign seemed to have been lucky. Rogers had sold many stories since the with the smaller type of hat, like the advent of the cat. The small black cat's the new reds and blues in elaborate designs, and in combination with the new reds and blues in elaborate designs.

Many striking shades are seen. Among these is one with wide sores of righty tan blood in most American women of groves were of gray suede tops, her that the shoulders and there are sumplified to have been lucky. Rogers had sold many stories since the with the smaller type of hat, like the advent of the cat. The small black cat's Temmy Atkins and the medium sized to have been lucky. Rogers had sold many stories since the with the smaller type of hat, like the advent of the cat. The small black cat's Temmy Atkins and the medium sized to have been lucky. Rogers had sold many stories since the sign seemed to have been lucky. Rogers had sold many stories after the sign seemed to have been lucky. Rogers had sold many stories and event of the cat. The small black cat's Temmy Atkins and the medium sized to have been lucky. Rogers had sold many stories after the sign seemed to have been lucky. Rogers had sold many stories and event of the cat. The small black cat's Temmy Atkins and the medium sized to have been lucky. Rogers had sold many stories and there are simplified to have suggested that it is the Puritan still left in American women of the cat. The small black cat's Temmy Atkins and the medium sized to have been lucky. Rogers had sold many stories and event of the cat. The small black cat's Temmy Atkins and the medium sized to have been lucky.

always well shod and well gloved. It is quite true that a low shoe is Mrs. Antoinette Funk, executive vice coming into tave, again as spring advances. It is sometimes wern with Woman Suffrage Association, returned gaiters, sometimes wern without them, from a Western trip Tuesday, during And the favorite low shoe, perhaps, is which she attended the Mississippi Valan exford the Some of these large at lev Suffrage Conference held last week kitten and the author of 'Stagnation' are the sides, and so make a smooth line in Indianapolis.

The continuous cold weather of the of the high boots have side lacings, last few weeks here in New York has and some lace straight up the back to delayed the spring-like appearance give the much-desired unbroken ex-that invariably comes over the shop-ping streets of New York in March or eyelets are unbound, and very often the

when it does come. One warm day the uppers of the various new boots—
would bring out all sorts of summery gloves in various shades of gray and
the special styles of parasols used from attire, for women have been planning tan. There are many oddities in spite of the necessity for furs and the much more than oddities, probably, tendency apparent to cling to hats of the New York woman is something tendency apparent to cling to hats of the New York woman is something of conservative where gloves are con-

these is one with wide gores of richly tan blood in most American women of colored material and narrow portions in fashion, none in many of them. Any-stripes or checks. A cluster of shirring way, whatever inheritance of caution, appears at the edge. Of special interest of thrift, may dwell in the consciences placed at the left side and the square-is the return of flat Japanese and Chinese of American women so far as clothes meshed sike net veil of black that she

MEN TO HEAR OF "CAUSE." Mrs. Funk Will Talk Suffrage in Newark Today.

ithe sides, and so make a smooth line of kid over the insteps. They are internally made with a curved heel, a combination of French influence in it.

There are pulsars low, galore and these, like the widest in a combination of French influence in it.

There are pulsars low, galore and these, like the widest in hade of patent leather, and the rest of the shoe is made of ten or gray buckskin of soft, suede-like made to low, suede-like markets. The conference had last week in a combined some and the same being. She also addressed the free the conference on the New Jersey, and spoke before the conference on the New Jersey, and spoke before the conference on the New Jersey, and spoke before the conference on the subtest of "Affiliations with a combination of the conference on the subtest of "Affiliations with a combination of the conference on the subtest of "Affiliations with a combination of the conference on the subtest of "Affiliations with a combination of the analysis of the world. It is always a wise plan to answer letters within a few days. In this way there is to the man's parent leading as to the man's

### Standard Remedy For Many Homes

Indigestion and constipation are two conditions closely related and the cause of much physical suffer-

The tendency to indulge one's appetite is general, so that most people suffer at some time or another from rebellion of the overtaxed organs of digestion and climination. A simple, pleasantly effective remedy that will quickly relieve the congestion of poisonous waste and restore regularity is the combination of simple laxative herbs with pepsin, sold in drug stores under the name of Dr. Caldwell's Syrup Pepsin. This is a mild. pleasant laxative-tonic and digestant, absolutely free from opiates or narcotte drugs and has been the standard household remedy in countless homes for many years. A free trial bottle can be obtained by writing to Dr. W. B. Caldwell, 452 Washington St., Monticello, Ill.

## DAILY SHORT STORY.

LITTLE FIRST FOOT.

By MOLLY MeMASTER.

Upon the first morning of the New Year Dean Richmond had awakened to find a small black kitten prowling inquisitively about her studio home.

"Good luck!" was Dean's first thought. and the kitten realizing that she was being summoned strolled over with humped back to receive a caress.

They were friends at once. Dean lived alone in the Bohemian section of the city, where the stables had been converted into wonderful studios with trailing vines rambling over windows and springing up through cobblestones. Dean was an editor on one of the better magazines, and left her studio each morning sharp at \$130 o'clock.

The black kitten which Dean called First Foot was a waif of the feline world who was willing to live wherever she was most affectionately received. She was black and sleek and a daintily clean little lady kitten. It would not have been difficult for her to find lodgings in the Bohemian section.

to find lodgings in the Bohemian section where black cats were conslidered the best of luck.

Dean Richmond was, however, ultra-

The little collar with which Dean immediately made her ownership certain was black leather. The name inscribed on the tiny silver tag was acribed on the tiny silver tag was trict office habit for the first time in her the first little visitor to put foot over Dean's threshold in the new year.

Dean Richmond was, however, ultrafeminine and rejoiced when Rogers' card was handed to her. She was femininely curious to meet him. She had broken a strict office habit for the first time in her career and had put a drop of scent on her blouse.

Dean's threshold in the new year. Dean's threshold in the new year.

Dean's threshold in the new year.

First Foot's maintenance was rather simple. Milk was left on the floor each morning, and the door was arranged with a bar locking it a few inches open so that the kitten could come and go at will. Dean had employed the slightly open door since she had taken the position as editor and was forced to leave her studio during the day. Her provisions, which she leads the state government of the dustry of the United States government never makes announcement of the check he was to get.

"You," he said suddenly, and it seemed accusingly, "are the mistress of First Foot."

"I am," laughed Dean, "but how do you know?"

"I am," laughed Dean, "but how do you know?"

"The kitten reeks of that same scent."

he told her. ployed the slightly open door since she had taken the position as editor and was forced to leave her studio during the day. Her provisions, which she ordered as she went to business were slipped within and her studio was niceby aired instead of stuffy as was her office. Having little of value in her possession Dean worried not a particle as to who might be desirous centering her studio. The Bohemian settlement, if burglars were discrimination of joy in his aves.

tobacco. Upon examinat on she self-contradiction. made the discovery that her pet was reeking of the noxious fumes.

"You disgraceful little lady." admon shed Dean while she went to the kitchen for brush and soap and toilet water. You have been visiting the den of som

And since First Foot continued to revel in brushing and fondling it was evident.

visits, for each night Dean found her estwhile perfumed pet reeking of tobac There was no good in scolding. First Foot purred happily on dur- bership and tuition fees and the like. the tobacco as a part of her troubles. year was \$50,000 and of this amount She did, however, tie a huge pink how on the neck of her cat and saturated it lic for the 15 per cent not raised with wild rose scent.

"The guilty man may take a hint"

with wild rose scent.
"The guilty man may take a hint." "The guilty man may take a hint."

Teams in the campaign are to be headed by Mrs. William Hamilton But the guilty man did not take the hint, Each day when the small black hint, Each day when the small black cat came silently into his den he arose, stroked her head and felt that the day Mrs. Mary B. F. Macfarland and Mrs. Was well begun. After that he nut milk was well begun. After that he put milk Frank G. Wilkins, members of the in a saucer, placed the saucer on his board of directors, and Miss Frances writing table and wrote many stories while First Foot lay on his table, sometimes slightly amused at the swiftly rushing pencil and more often sleeping. Richardson, third vice president; Miss When John Rogers finished a particu-larly good story and determined to try it on the editor of the Goodyear Maga-maga-

First Foot.

"We need the money badly." he said.

"If we are to buy our typewriter we must sell this story. If you don't bring me luck I will lose my faith in omens."

Thomas H. Mitchell and Mrs. Perry It was John Rogers' habit to dip First 8. Heath.

imprint of a cat's paw on the manuscript awaiting her judgment,
She immediately thought of First Foot, but did not connect the two cats in her musings. The story was excellent The woman who can talk on page cat's paw had worked the charm and Dean put the story among accepted ones. In the evening she was reminded of the peculiar sign on the manuscript she had received and only half consciously found herself examining Pirst Foot's writer.

A good correspondent nearly always paw. Her amazement was very genuine then she discovered that her pet's foot

was sticky and that close scrutiny revealed dried ink on the little toes.
"So," mused Dean, "the person who blows tobacco smoke all over my lovely

# COUPON



## The TOLMAN LAUNDRY F. W. MacKenzie, Mgr. Family Wash Dept. 6TH AND C STREETS N. W.

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Name....

Address.....

Phone Main 2590 or mail this coupon and our Lady Representative will bring you a useful souvenir.

"I am very busy." Dean said swiftly,

"First Foot is a lucky cat." he ruminated on the way home, "and I once informed her that her mistress would not make a good wife for a struggling suthor. Humph!" a soft, whimsical smile played about Rogers' lips. A smile of the United States. The explorer must know his own country well, for in his work of discovery he must bear in mind just what section of the homeland it is believed about Rogers' lips. A smile of tress upon her own sleek head.

Upon picking the kitten up for her author. Humph!" a soft, whimsical smile played about Rogers' lips. A smile of

#### Y. W. C. A. NEEDS \$7,500. Work Will Be Begun Monday by

Women to Secure Funds. Six teams representing the Young Six teams representing the Young industry. Its work, however, is ap-Women's Christian Association are to parent all over the United States. hat her reputation bothered her not one start a six-day campaign Monday morning to raise \$7,500. This repre-That proved to be only the first of the sents the difference between the actual running expenses of the organization working girls fall down more comand the money raised through mem-bership and tuition fees and the like. They run out from office or factory and The budget for the association this the association plans to ask the pub-

zine, he taiked long and earnestly to tary; Mrs. William L. Brown, Miss First Foot.

The Habit of Letter Writing. Don't get into the habit of saying that you hate to write letters. Many a friendship has been broken by neglect-

ing to answer letters.

Letter writing is decidedly not a forte So that the story, having passed the hands of the readers and found its far as possible within the very narlimits. Others don't even to answer letters when they get

> The woman who can talk on paper to the person to whom she is writing. A good correspondent nearly always writes as she speaks. It is one of the unwritten laws of

etiquette not to begin a letter with the pronoun "I."

This is always a point which should be remembered in letter writing. It is always a wise plan to answer

## (Copyright, 19th.) Upon the first morning of the New as she knew of him. It would be a bit FOR NEW FRUITS

Uncle Sam Searches for Plants and Trees that Can Be Cultivated Here.

From the office of information of the Department of Agriculture comes the delectable announcement that a smoothstone peach has been brought from China and is to be used to improve our commercial fruit of the

same family.
We are told also that a beautiful Chinese quince, "golden on one side and reddish on the other," is doing well in its new American environment, a condition of thriving and promise, which is also true of Chinese hazelnut bushes brought to America, and which now are bearing nuts that ought to make our inferior-sized fruit crack for the very shame of insignificance.

There is no joke about these im-portations. The bureau of plant in-

ordered as sine went to business were silpped within and her studio was nicely aired instead of stuffy as was, her office. Having little of value in her possession Dean worried not a particle as to who might be desirous or entering her studio. The Bohemian settlement, if burglars were discriminating, was the least likely to be troubled in any case.

First Foot completed a most happy domicile for Dean. Coming home tired, her head swimming with plots and stories, it was good to see the black kitters at the studie of the travelers of the back kitters with the staple diet of the travelers of the eastern deserts.

The bureau has introduced many new kinds of alfalfa into the United States, making possible the growth of this valuable forage plant in places where the soil was supposed to be inimical to its life. New cherries, new shade and new forest trees have been brought into the countries, have been brought into the countries.

stories, it was good to see the black kitten rise, stretch, yawn and come forward purring by way of greeting. The
absolute lack of intellect expected from
the companionship made it a delightful
rest after a day's toil.

First Foot had been a part of the
studio life for some five weeks before
she brought down the wrath of he. mistress upon her own sleek head.

"I am very busy," Dean said swiftly,
trying to overcome the timidity that had
swept her lashes down.
Rogers only laughed and watched the
color sweeping stealthily into the cheeks
of the editor of Goodyear."

"First Foot Js a lucky cat." he ruminated on the way home, "and I once informed her that her mistress would not
make a good wife for a struzziling.

The government employs explorers
to go into lands new and old for the
purpose of finding valuable trees and
plants which can be added to the
native growths of the United States.

The explorer must know his own
country well, for in his work of discovery he must bear in mind just

his work is being done.

These explorers are a hardly lot, and their work is at times dangerous. They delight in it, apparently, and al-ways are ready to undertake pourney-inco into new fields, no matter how forbidden. Comparatively little is known of Uncle Sam's bureau of plant Chicago Evening Post.

Business Girls' Luncheon.

buy with but slight judgment as to food values, indigestible pastries, mest sandwiches, sweets and ices. These they steaming cup of coffee. No wonder their work drags in the

nourishing luncheon for women workmilk or cereal and milk and ripe fruit, one peach, banana, pear or apple. Discharge Order Rescinded. Pending an investigation of a protest fled by nearly all the large railroads. Postmaster General Burles ended an order reducing the numb railway mail clerks at transfer points. The roads claim that most of the transfer clerks' duties would have to be per-

afternoon, after such luncheons, and they are tired and listless. A good

son's economy plan. The Russians are more addicted to the sabit of 'ng bearded than the men of my ot nation.

order was issued as part of Mr. Burle-

formed by employes of the



-and to your family to serve Elk Grove Butter at your table. It is pleasing and wholesome.

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